CHECKLIST

Talking to Your Child About Gambling: A Quick Checklist

- [ ] Choose a calm moment away from adverts or arguments
- [ ] Ask what your child already believes gambling is
- [ ] Use an example suited to their age, such as a coin toss or fairground game
- [ ] Name a gambling-style feature in something they already play
- [ ] Agree a simple shared rule about spending or check-ins
- [ ] Leave the door open for future questions
- [ ] Set up parental control software on shared devices
- [ ] Explain why gambling is restricted to adults in plain terms